

If you register with Unlock you will receive our annual news letter and information about the Sponsored walk. You can then support Unlock in a number of ways.

You may want to support Unlock's work by:

- Trying out unlock materials or approaches with groups you know
- Start a new group to work with Unlock resources
- Tell other people about Unlock's work
- Use material from the website (www.unlock-urban.org.uk) to make people aware to Unlock's work
- Praying for Unlock's work
- Donating money
- Taking part in our annual sponsored walk
- Sponsoring a walker
- Getting a group together to initiate an Unlock 'Local Partnership' for your city.