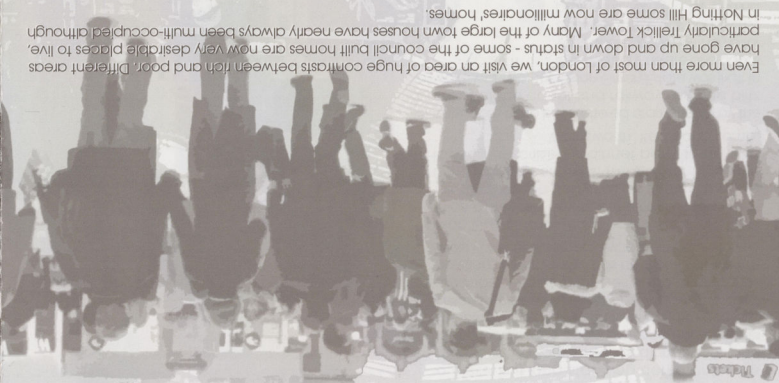


don't forget >>>
A-Z map of London (if you have one)
A small donation for each church (min. 30p)
A snack (food) is also available on the route
We walk whatever the weather
Play as you walk

In a world of constant changes, regeneration is at the heart of the Gospel. As well as enjoying the walk and raising sponsorship money, take time to learn more about how the churches you visit are breaking down barriers and building bridges into their local communities. Also make sure you spend time at the Unlock checkpoint to learn what you are enabling with your efforts today.

The area has great racial and cultural diversity, and particularly visible is the Muslim community. Recent bad press about Islam has led to prejudice against Muslims. As Christians it is important to build bridges of friendship with our Muslim neighbours, and this needs to be with understanding of their faith and culture. Our work includes opportunities to learn more: We pass the London Central Mosque in Regent's Park, the Muslim Cultural Heritage Centre and the shop-front premises owned by Agape Arabic Christian Fellowship. Though not formal depots, the latter two are extending a special welcome to Unlock walkers.



Even more than most of London, we visit an area of huge contrast between rich and poor. Different areas have gone up and down in status - some of the council built homes are now very desirable places to live, particularly Trellick Tower. Many of the large town houses have been multi-occupied, although in Notting Hill some are now millionaires' homes.

There are many signs of physical and social regeneration on our route. Little Venice is a property hot-spot and tourist destination. Lisson Green and other estates are undergoing facelifts, and the former industrial-then derelict - Paddington Basin is being transformed. This development is intended to create bridges both metaphorically and physically, to reconnect the area. Some of the land under the Westway is now used for leisure and cultural facilities for local people and in north Kensington we pass examples of projects which are changing lives such as the Open Age Project, encouraging health and leisure activities for older people and CCTV (Youth Culture Television).

This was done despite civic protests. Just as it had been with the canals and railways of past times, late 1960s the demolition of many homes and public buildings made way for the flyovers of the Westway. London is divided from the grand regency houses along Regent's Park by the railway and canal. In the then inner-city, Road, rail and canal have also acted as barriers, destroying swathes of housing and separating and isolating different communities. Lisson Green Estate, one of the poorest areas in the city's expansion westwards and the villages of Lisson Grove and Paddington becoming suburbs and Grand Union Canal. These have been central to the area's development as improved transport led to the route crosses many transport arteries including the Westway, the Great Western Railway and the walked in 2001.

The 2005 walk in the City of Westminster and Royal Borough of Kensington and Chelsea is a loop across the top ends of the boroughs - a world away from Whitehall and St James Square further south. We just cross over a previous route where the southern ends of Portobello Road and Ladbroke Grove were

INTRODUCTION - BARRIERS & BRIDGES...

UNLOCKING REAL LIFE STORIES OF URBAN PEOPLE REVEALING GOOD NEWS OF THE DOWN TO EARTH CHRIST RELEASING LIFE CHANGING SKILLS AND CONFIDENCE



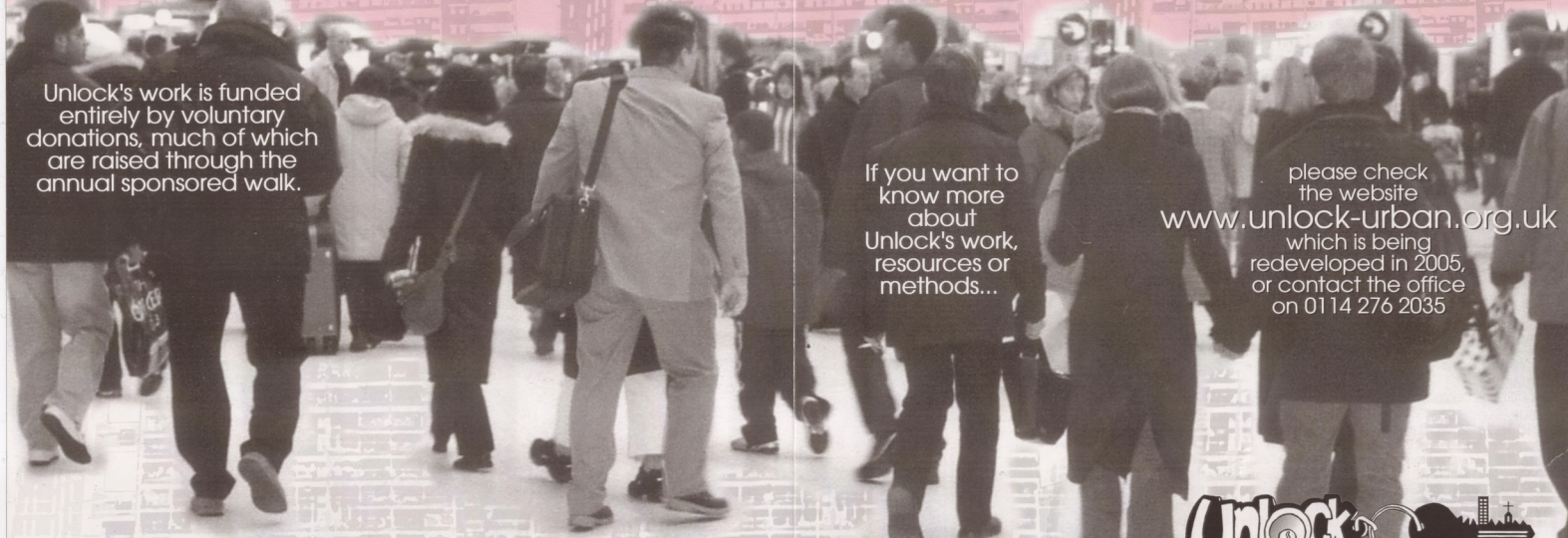
Lisson green - paddington - westbourne park - north kensington

WALK NO.22
SPONSORED
LONDON
THE UNLOCK

UNLOCKING

WHO, WHAT, WHERE, WHEN, HOW, WHY?

Anyone in cities who wants to share or explore their Christian faith and tell their story, particularly those who feel excluded by traditional approaches to learning about faith.	Real life stories of urban people, the Good News of the Down to Earth Christ, life changing skills and confidence.	Anywhere where people struggle to engage with faith exploration but with a particular concern for those who live in Britain's Urban heartlands.	For the last 30 years, Now, and into the future!	By training, resourcing and employing workers in cities, who use Unlock's methods to help others explore their faith in their own way, in their own place.	Because Jesus said 'You will know the truth and the truth will set you free.' And, 'I came that they may have life, and have it abundantly.'
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Unlock's work is funded entirely by voluntary donations, much of which are raised through the annual sponsored walk.

If you want to know more about Unlock's work, resources or methods...

please check the website
www.unlock-urban.org.uk
which is being redeveloped in 2005, or contact the office on 0114 276 2035